

Research Projects as Principal Investigator

- Bormann, J. E. (PI)**, Elwy, A.R., et al. *Portable Mantram Meditation for Veterans with Military Related PTSD*; VA CSR&D, #SPLE-003-11S; (\$1,045,021), 01/01/2012 – 06/30/2017.
- Bormann, J. E. (PI)**, Leary, S. *Efficacy of Internet Delivered Mantram Repetition Program (MRP) in Reducing Burnout in Healthcare Workers (HCWs)*. Sigma Theta Tau, Gamma Gamma Research Award; (\$1,000), 1/31/2012 – 1/30/2014.
- Bormann, J. E., (PI)**; Stein, M., Lang, A. Wetherell, J., Gershwin, M., Thorp, S., Golshan, S., Kelly, A. *Efficacy of Mantram Repetition on PTSD Symptoms in Veterans*, mixed methods randomized trial, Nursing Research Initiative (NRI-04-041-2); Health Services Research & Development, Department of Veterans Affairs, (\$633,000), 7/1/05 – 09/30/11.
- Bormann, J. E. (PI)**, Stein, M., Lang, A. Wetherell, J., Gershwin, M., Thorp, S., Golshan, S., Kelly, A. *Efficacy of Mantram Repetition on PTSD Symptoms in Veterans: A Pilot Study*, Nurses Organization of Veterans Affairs (NOVA Foundation) and DAV Charitable Trust; (\$5,000), 12/1/05 – 01/15/07.
- Bormann, J. E. (PI)**, Warren, K., Regalbutto, L. McQuaid, J., McKibbin, C., West, R. *Teleconference Support for Family Caregivers of Veterans: A Feasibility Pilot Study*. Office of Nursing Service, Department of Veterans Affairs; (\$8,350), 5/31/06- 6/1/07.
- Bormann, J. E. (PI)**, Uphold, C. R., Maynard, C., & Reid, K. (2007). *Regional Variation in Complementary/ Alternative Health Care Practices (CAP) in HIV-Infected Men*; Supported in part by Office of Research and Development, Department of Veterans Affairs, Health Services Unit, VA San Diego Healthcare System.
- Bormann, J. E. (PI)**, Gifford, A. L., Shively, M., Smith, T. L., Redwine, L. (2005). *Efficacy of a Mantram Intervention on HIV Outcomes*, National Center for Alternative and Complementary Medicine/National Institutes of Health (R21 AT01159-01A1); (\$250,000), 9/28/02- 5/30/05.
- Bormann, J. E. (PI)**, Becker, S., Kelly A., Gershwin, M. (2003). *Self-reported Outcomes of the Rapid Relaxation Response Course*, partially funded by the VA Post-Doctoral Nurse Fellowship, Office of Academic Affiliations, Department of Veterans Affairs, Institute of Nursing Research, San Diego State University and Sigma Theta Tau International, Gamma Gamma Chapter Research Grant Awards.
- Bormann, J. E. (PI)**. (1995). *Influence of HIV mode of transmission on nurses' willingness to care*. (Doctoral dissertation, Wayne State University, 1995); *Dissertation Abstracts International* 5701B:236 (UMI No. 9613442).
- Bormann, J. E. (PI)** (1995). *Nursing students' attitudes toward dying patients with and without AIDS*. Wayne State University; Detroit, Michigan.

Other Research Projects as a Co-Investigator

- Barger, M., Weinrich, S., & **Bormann, J. E. (Co-I)**. *Reducing Insomnia in Homeless Women with the Mantram Repetition Program*. Doris A. Howell Foundation for Women's Health Research, (\$15,000), 11/01/2016 – 05/01/2018.
- Kostovich, C. (PI), Collins, E., **Bormann, J. E. (Co-I)** *Efficacy of an Internet Mantram Program on RN-Delivered Patient Centered Care*, Veterans Affairs (VA) HSR&D NRI Pilot study; (\$99,000), 10/01/2014-09/30/2017.

- Zisook, S. (PI), Weingart, K., Beck, D., **Bormann, J. E. (Co-I)**. *Mantram Repetition Program for Veterans with Major Depressive Disorder*. Majda Grant Award; (\$5,000), 03/25/2015-03/24/2016.
- Weinrich, S. (PI), Barger, M. Hardin, S.; **Bormann, J. E. (Co-I)**; Criscenzo, J; del Rio, J., Allard, C. *Homeless Veteran Women*. USD Hahn School of Nursing and Health Science/Jonas Foundation; (\$18,000), 09/01/2014-08/30/2015.
- Drummond, S. (PI); **Bormann, J. E. (Co-I)**: *Treating Insomnia & Nightmares After Trauma: Impact on Symptoms & Quality of Life* (1RC1NR011728-01); (\$688,000), 09/01/09-8/30/13.
- Powell-Cope, G., (PI), **Bormann, J. E. (Local Site PI)**: *Existing Practice Patterns for Screening Mild TBI in OEF/OIF Veterans* (HSR&D IAC 08-101) 1 of 28 sites to study the TBI screening process among OEF/OIF veterans and the providers that treat them to improve the efficiency and effectiveness of this screening tool; (\$457,569), 10/01/09–03/31/13.
- Breckenridge-Sproat, S., Reb, A; **Bormann, J. E. (Consultant)**: *Feasibility of Mind-body Intervention to Promote Wellness in Injured Soldiers*. TriService Nursing Research Program HU0001-09-TS13, N09- C06; (\$88,168), 9/1/09 – 8/31/12.
- Redwine, L., Allison, M., Barnard, D., **Bormann, J. E., (Co-I)** Corvera-Tindel, T., Hong, S., Maisel, A., Rutledge, T. *Tai-Chi: Well-Being and Heart Failure*, National Center for Alternative and Complementary Medicine/National Institutes of Health (R21AT001910-01A2 NCCAM); (\$400,000), 9/1/05-8/31/09.
- Hanson, S., Hunter, L., **Bormann, J. E. (Co-I)**, Sobo, E., Belding, W. S., Miranda, V. (2007). *Effectiveness of Mantram Repetition in Reducing Maternal and Paternal Childbirth Related Fears*. Master's Thesis, San Diego State University, San Diego, CA. Partially funded by the San Diego State School of Nursing Institute of Nursing Research.
- Anthony, B., Hunter, L., **Bormann, J. E. (Co-I)**, Sobo, E. Hanson, S., Belding, W. S., Miranda, V. (2006). *Efficacy of Mantram Repetition During Childbirth: A Feasibility Study*. Master's Thesis, San Diego State University, San Diego, CA. Partially funded by the San Diego State School of Nursing Institute of Nursing Research.
- Gifford, A. L. & **Bormann, J. E. (Co-I)** (2001). *Validation of HIV Medication History Questionnaire*, Funded in part by NIH/National Institute of Nursing Research (R01NR0445) and the University-wide AIDS Research Program.